



THE MICHIGAN ASSOCIATION OF RETIRED SCHOOL PERSONNEL CLARE COUNTY CHAPTER NEWSLETTER August 9, 2022

FROM THE PRESIDENT'S DESK

Even though the state budget was agreed upon by the June 30th deadline, the repeal of the pension tax wasn't included. Governor Whitmer stated that negotiations would continue this fall to eliminate it.



MARSP has made it convenient to contact our

senators and representatives by including a standardized letter for each of these parties. It can be found in the summer edition of THE VANGUARD. I've attached them to this newsletter. One would be addressed to The Speaker of the House, Jason Wentworth and the other to Senator Rick Outman. Their addresses are found in our Chapter's Directory of Members and at

marsp.org/find-my-legislators.

Numbers are important. Please fill the forms out and mail them. Make your voice heard.

Matt Kurta, MARSP's legislative lobbyist, will be our speaker on September 13th. I hope you attend so you can see what our dues are paying for and how MARSP helps protect our benefits.

Liz Smith, President M.A.R.S.P. Clare County Chapter

OTR—OFF THE RECORD

Off the Record is a weekly, nonpartisan, Michigan TV program. It covers Michigan's newsworthy information. Coverage ranges from the governor's office, the state legislature, the Michigan political trail, and the state government.

Tim Skubick is the senior correspondent who hosts the show along with a panel of Michigan capitol press corps colleagues.

It airs Fridays on PBS stations at 7:30 p.m., Saturdays at 2:00 a.m., and Sundays at 11:30 a.m. Set your DVR so you can watch it at your leisure.

You can also watch past episodes, online, at video.wkar.org or on the free PBS Video app.

?? DID YOU KNOW ??

It's summer and peppers are at the center of many dishes on our tables. The common bell pepper comes in yellow, red, orange, and



purple varieties as well as green—which is often and an <u>unripe</u> yellow, red, orange, or purple pepper. *I did not know that!!!* FOOD FOR THOUGHT *Reader's Digest* June 2022

WHY TO KEEP WORKING AFTER RETIREMENT

Here are 8 good reasons, only one having to do with money.



Working in retirement might sound like a contradiction in terms, but that's not necessarily the case. Just because you have moved on from your primary career doesn't mean a part of your week can't or shouldn't go to some moneymaking endeavor. Here are eight specific reasons to consider reentering the job market:

- 1. A cushion for your savings...improve your retirement security.
- 2. **Exercise your brain...**learning new things may help slow cognitive decline.
- 3. **Overall health...**transitioning to partial employment or volunteer work has been associated with fewer physical declines and better mental health.
- 4. A sense of community...retirement wellbeing depends on having good quality relationships.
- 5. A sense of purpose...a job is one motivator to get up in the morning.
- 6. A chance to give back...retirement gives you the opportunity to help others as well as yourself.
- 7. **Good times...**provides you with a community you enjoy and allows for growth, challenge, or learning.
- 8. Serving the greater good...help a local business that is struggling with too few workers to get through this period.

Kimberly Lankford AARP Bulletin June 2022

EYE-OPENING FACTS ABOUT TEARS

HUMANS make three different versions of tears. Basal tears lubricate our eyes, reflex tears form in response to irritants such as smoke and dirt, and

emotional tears flow when we're sad or overjoyed. All are made of salt water mixed with oils, antibodies, and enzymes, but they each also contain different .molecules.



ACCORDING to *Entertainment Weekly*, the biggest Hollywood tearjerker of all time is *Terms of Endearment*. Number 2: *Bambi*.

EVER WONDER why a cry causes your nose to run? Excess tears produced flow into your tear ducts. From there, they drain into the nasal cavity, where they mix with mucus to give you a runny nose.

AS WE age, the production of basal tears slows, which can lead to dry eyes. **13 THINGS** Jen McCaffery *Reader's Digest* February 2020

HUMOR in UNIFORM



Deserved or not, the Air Force has the reputation of being the country club of the military service, as this joke will attest: A commander asks some troops, "If you found a scorpion in your tent, what would you do?"

Army said, "Stomp on it."

Marines said, "Eat it."

Air Force said, "I'd call the concierge and ask why I had a tent in my room." *Reader's Digest* July/August 2022